

**OXFORDSHIRE
GYMNASTICS
ASSOCIATION**

**COMPETITION
HANDBOOK
2026**



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Oxfordshire Amateur Gymnastics Association

Management Committee

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Competition Rules and Regulations.

1. Eligibility

Gymnasts must be community, competitive or national members of British Gymnastics and must be affiliated to a club registered with the association in order to compete in a county competition. Gymnasts entering U8 must have a minimum of BG Community membership. For all other levels of competition gymnasts must have a minimum of BG competitive membership.

2. Coach requirements

A coach must hold a minimum qualification of Club Coach (level 2) (cycle 6) or above in the sport specific discipline and must hold an award appropriate to the gymnast's level of performance, together with CURRENT BG membership, Safeguarding and DBS to be present on the competition floor.

Assistants may be permitted on the competition floor but not in an active role, ie they may hold up numbers or move equipment.

Please list ALL coaches on the entry form that might be on the competition floor, even those that are reserves. In addition, if you are arranging for another coach from a different club to support your gymnasts at this competition, because your qualifications do not meet our minimum coaching requirements, then that coach's details need to be put on to the original entry form.

Every club who submit an entry into an Oxfordshire competition is responsible to check British Gymnastics membership and credentials status for ALL their members. This includes ALL gymnasts, coaches and judges named on the entry form who MUST have the following: Active British Gymnastics membership (which must still be active on the date of the competition), the correct membership type, ALL coaches have up to date DBS checks, safeguarding, valid coaching awards, and any other requirements specified by BG (e.g. positive coaching for L2 coaches etc).

3. Entry fees.

Entry fees for the Year 2026 are £20.00 per gymnast for Club Grades Competition, £5.00 per piece per gymnast for individual apparatus and floor and vault competitions, and £20.00 per gymnast for a four-piece competition plus £5 per entry to include 2 spectators for all competitions. Payment by bank transfer is preferred, **before** the closing date of the competition bank details are :

Account no – 90682721 sort code – 20-85-73

4. Entry and Late Entry.

Entries must be submitted on the forms sent out by the competition organiser **no later** than the closing date for the relevant competition. Any payment made later than 2 days past the closing date will be charged £100 penalty. Incomplete entries will not be accepted.

The competition organisers will inform Sarah of all club entry fees that are due when entries have closed. If these have not been paid OR cleared within 2 days of the closing date a penalty fee of £100 will apply

5. Failure to compete.

Coaches should inform the competition organiser as soon as they are aware that a gymnast is unable to compete. If a gymnast is unable to compete due

to injury, the entry fee can only be returned on production of Doctor or Physiotherapists certificate, within two weeks of the competition date.

6. Enquiry of a score

If it is thought that there might be a calculation error on a score, ie input into the computer wrongly, then you must approach the competition organiser in the first instance who will investigate. Coaches will be given the opportunity to check score sheet before presentations

7. Gymnasts ages

The competition year runs from 1st January – 31st December, a gymnast's age is regarded as the age the gymnast will reach in the year of competition. Age groups will be specified on relevant competition information. The maximum age for gymnasts entering Oxon County competitions is 17 years old.

8. Qualification for regional competition

The South Region has introduced qualification criteria for certain regional competitions. Gymnasts will now have to qualify through county competitions for the following regional competition: Zinc and Copper Competition. Clubs should enter directly to the Region, it is not the responsibility of the County WTC to enter gymnasts.

Competition rules - Following regional guidelines we will be using national preparation and development grades, Classic Challenge, FIG development, Aspire, FIG Junior and Senior rules in all levels competitions this year. We will also use Brass rules and U8 which are specific Oxon County Rules

9. Competition Structure.

A coach's technical meeting will be held before the start of the competition, to answer any questions and clarify rules.

Gymnasts will be entitled to a general warm up on the floor area only.

Following this, gymnasts will march on and be presented to the audience.

They then move to their first piece, and have an apparatus warm up. They will then compete on this piece of apparatus. The same procedure will be followed for the other pieces.

10. Other information

Clubs should supply their own numbers at county competitions. Entry for spectators will be included in the entry fee and will allow for 2 spectators per gymnast. Small children (under the age of 4) may sit on laps and will not be included in the spectator number.

11. Judging requirement

If you enter up to 19 gymnasts then you must nominate 1 judge, a club judge or higher for the whole day.

If you enter 20 or more gymnasts you must nominate 2 judges, including a regional judge or higher for the whole day.

If you do not nominate a judge with your entry then your entry will not be accepted.

12. OAGA Competition Etiquette

All competitions are organised and run by volunteers. The competition organisers, judges, and helpers are all giving up their time freely for these events to run. Therefore, we ask that the following rules are adhered to by yourselves and the gymnasts and parents at your club:

All volunteers should be treated with respect – these are often parents who are not aware of the competition format or rules

All venues used for competitions have their own rules and we ask that all participants and spectators adhere to them – e.g. no food or drink to be consumed in the gym etc

We would like all competitions to run smoothly and provide positive experiences for the children taking part. We do however realise that mistakes do sometimes happen, and we ask that you address any concerns to the competition organiser in a polite manner and they will do their best to answer your question, or solve the problem.

13. Medals and Ribbons

Grades - apparatus medals 1st to 3rd and all around medals 1st to 3rd ribbons 6th to 4th

Ind App - apparatus medals 1st to 3rd ribbons 6th to 4th

Full App - apparatus medals 1st to 3rd and all around medal 1st to 3rd ribbons 6th to 4th

U8 - ribbons for scores achieved

F&V medals 1st to 3rd, ribbons 4th to 6th

Ethics and Behaviour.

Oxfordshire WTC are keen to see good discipline and behaviour at all county competitions, therefore we enclose a copy of the regional code of behaviour and ask that this be adhered to at all County and Regional Competitions.

South Region Competition Code of Ethics and Behaviour.

The following list are the normal rules for good behaviour that should be expected in any gymnasium and helps to ensure that our young gymnasts are guided in good, courteous behaviour.

- Coaches must ensure that long hair is tied back securely and all jewellery is removed.
- We ask coaches to dress professionally and to abide by the footwear rules of hosting clubs. If high cut shorts/see through tops or leggings/revealing vests are worn coaches may be asked to change
- Coaches must ensure that their language and behaviour is, at all times appropriate to the sport, taking into account the ages of most gymnasts.
- Coaches are responsible for the behaviour of their gymnasts. Please ensure that they are correctly dressed and register on time
- Clubs have the responsibility for ensuring the good and courteous behaviour of their supporters at competitions. Screaming can be off-putting to competing gymnasts.
- Please ensure that Video cameras are kept in the spectator area.
- Spectators should treat other club's gymnasiums, as they would wish their own to be treated, particularly with reference to food and drink.
- Jewellery is not permitted at competition in line with the British Gymnastics Policy on Body Piercing and adornments June 2005
- Photography – The County will adopt the BG policy.
- Inappropriate/inconsiderate behaviour by coaches will be brought to the attention of the WTC Committee.

U8 information

There will be 3 U8 competitions in the year, gymnasts will be able to enter the following apparatus :

Competition 1: Gymnasts may choose 1-5 apparatus (Vault, Bars, Beam, Floor, Range and Conditioning)

Competition 2: Gymnasts may choose a maximum of 2 apparatus (Vault, Bars, Beam, Floor)

Competition 3: Gymnasts may choose 1-4 apparatus (Vault, Bars, Beam, Floor)

U8 gymnasts will use a floor strip for their floor routines (WITHOUT MUSIC only)'

U8 must have a minimum of BG Community Membership

Floor and vault competition information

Gymnasts cannot enter this competition if they have competed at a higher level county competition in the previous year (ie classic challenge competitions), and gymnasts cannot enter the Oxon 2 piece (June) or All around (October) if they choose to compete at the recreational Floor & Vault competition.

Oxfordshire Preparation and Development Grades and U8 Sunday 8th March 2026

VENUE

- Abingdon Gym Club

DATE

- Sunday 8th March 2026

CLOSING DATE

- Closing date for entries is **12 noon on Friday 6th February**
- Late entries/payment will be fined £100 penalty, if more than 2 days past the deadline.

COMPETITION GROUPS

- Preparation Grade 1 : Minimum age 8 years (minimum)
- Preparation Grade 2 & 3: Minimum age 9 years (minimum)
- Development Grade 1 : Minimum age 10 years (minimum)
- Development Grade 2: Minimum age 11 years (minimum)
- Development Grade 3: Minimum age 12 years (minimum)
- Development Grade 4: Minimum age 13 years (minimum)
- U8

Gymnasts competing at Performance Grade 1-4 must be entered directly in the SR regional grades by individual clubs.

SR Club Preparation and Development Grades Final – 19th April 2026 Qualifying criteria to be announced. It is the club's responsibility to enter its gymnasts to the final.

RULES

The competition will be run according to the British Gymnastics, Women's Artistic, National Development Plan 2024-2027 (downloadable from BG)

U8 rules will be added to the Southern Region WTC website at www.southwag.com in the counties section

ENTRY FEE

- £20.00 per gymnast for Grades plus £5 spectator fee (includes 2)
- £5.00 per piece per gymnast for U8 plus £5 spectator fee (includes 2)
- Bank transfer Account no – 90682721 sort code – 20-85-73
- Late entries/payment will be fined £100 penalty, if more than 2 days past the deadline.
- **Entry forms will be sent out by the competition organiser**

EMAIL ENTRIES and PAYMENT TO BE RETURNED TO:

Nikki Woodward by **12 noon on Friday 6th February**

nikki@abingdongymclub.co.uk

Recreational Floor and Vault Competition
Carterton Gymnastics Club – 10th May 2026

VENUE

- Carterton Gymnastics Club.

DATE

- Sunday 10th May

ENTRY FEE

- £5.00 per piece plus £5 spectator fee (includes 2)
- Bank transfer to OAGA Account no – 90682721 sort code – 20-85-73

CLOSING DATE

- Closing date for entries is **12 noon on Friday 17th April 2026**
- Late entries/payment will be fined £100 penalty, if more than 2 days past the deadline.

COMPETITION GROUPS

- Open entry to recreational gymnasts training less than 3 hours a week who've not been in squad settings
- Ribbons for scores will be awarded
- Medals for top scores on floor and vault awarded
- Age as 31st December 2026

RULES

- To be advised – similar to last year

EMAIL ENTRIES and PAYMENT TO BE RETURNED TO:

Competition Organiser, **by 12 noon on Friday 17th April 2026**

admin@cartertongym.co.uk

Individual Apparatus Competition
U8, Brass and Classic Challenge Tin
Carterton Gymnastics Club Saturday 27th June 2026 PM

VENUE

- Carterton Gymnastics Club

DATE

- Saturday 27th June afternoon

ENTRY FEE

- £5.00 per piece plus £5 spectator fee (includes 2)
- Bank transfer to OAGA Account no – 90682721 sort code – 20-85-73

CLOSING DATE

- Closing date for entries is **12 noon on Friday 5th June 2026**
- Late entries/payment will be fined £100 penalty, if more than 2 days past the deadline

COMPETITION GROUPS

- Classic Challenge Tin
- Oxon Brass rules
- Oxon U8
- Age as 31st December 2026

RULES

- Brass rules are as per current Oxon Brass rules.
- Tin rules as per classic challenge rules
- U8 as per Oxon U8 rules
- Gymnasts may enter a maximum of two pieces.
- **Entry forms will be sent out nearer the time**

EMAIL ENTRIES and PAYMENT TO BE RETURNED TO:

Kate Dela Competition Organiser, **by 12 noon on Friday 5th June 2026**

admin@cartertongym.co.uk

Individual Apparatus Competition
Classic Challenge, FIG development
Abingdon Gym Club. Sunday 28th June 2026

VENUE

- Abingdon Gym Club

DATE

- Sunday 28th June

ENTRY FEE

- £5.00 per piece plus £5 spectator fee (includes 2)
- Bank transfer to OAGA Account no – 90682721 sort code – 20-85-73

CLOSING DATE

- Closing date for entries is **12 noon on Friday 5th June 2026**
- Late entries/payment will be fined £100 penalty, if more than 2 days past the deadline

COMPETITION GROUPS

- Classic Challenge Zinc.
- Classic Challenge Copper
- Classic Challenge Bronze
- Classic Challenge Silver
- Classic Challenge Gold
- FIG Development
- FIG
- Age as 31st December 2026

RULES

- As per current National Classic Challenge and FIG Development rules
- Gymnasts may enter a maximum of two pieces.
- **Entry forms will be sent out nearer the time**

EMAIL ENTRIES and PAYMENT TO BE RETURNED TO:

Nikki Woodward Competition Organiser, **12 noon, Friday 5th June 2026**

nikki@abingdongymclub.co.uk

Tin/ Brass/U8 Full Apparatus Competition
Carterton Gymnastics Club, Sunday 11th October 2026

VENUE

- Carterton Gymnastics Club

DATE

- Sunday 11th October

COMPETITION GROUPS

- Oxon Brass Rules
- Classic Challenge Tin
- Oxon U8 rules
- Age as 31st December 2026

ENTRY FEE

- £20.00 per gymnast plus £5 spectator fee (includes 2)
- £5 per piece for U8 plus £5 spectator fee (includes 2)
- Late entries/payment will be fined £100 penalty, if more than 2 days past the deadline
- Bank transfer to OAGA Account no – 90682721 sort code – 20-85-73

RULES

- Brass rules are as per current Oxon Brass rules.
- Tin rules as per classic challenge rules
- U8 as per Oxon U8 rules
- Tin and Brass gymnasts must compete 4 pieces

CLOSING DATE

- Closing date for entries is **12 noon on Friday 18th September 2026**
- Late entries will be charged at twice normal fee.
- **Entry forms will be sent out by the competition organiser**

Nominations for the Dave Lock Trophy should be submitted on the 2026 nomination form (*below*). Forms should reach the competition organiser by the closing date. The winner will be decided by the Oxfordshire Women's Technical Committee from nominations received for gymnasts competing at either county All-Around competition (12th or 19th October 2026). The club for the previous year's winner is responsible for returning the Trophy NO LATER THAN the start time of the first county All-Around competition date (or at an alternative suitable time pre-arranged with the Oxfordshire Women's Technical Committee). The Trophy will be awarded to the winner on the relevant competition day

EMAIL ENTRIES and PAYMENT TO BE RETURNED TO:

- Competition Organiser **by 12 noon on Friday 18th September 2026**
admin@cartertongym.co.uk

County Full Apparatus

Zinc, Copper, Bronze, Silver, Gold, FIG Levels

Abingdon Gymnastics Club Sunday 18th October 2026

VENUE

- Abingdon Gymnastics Club

DATE

- Sunday 18th October

COMPETITION GROUPS

- Classic Challenge Zinc.
- Classic Challenge Copper
- Classic Challenge Bronze
- Classic Challenge Silver
- Classic Challenge Gold
- FIG development
- FIG
- Age as 31st December 2026

ENTRY FEE

- £20.00 per gymnast plus £5 spectator fee (includes 2)
- Bank transfer to OAGA Account no – 90682721 sort code – 20-85-73

RULES

- As per current National Classic Challenge rules and FIG development rules

QUALIFICATION TO REGIONAL CHAMPIONSHIPS

Qualification scores to be published once they have been set by the Region. It is the club's responsibility to enter its gymnasts to the SR final.

CLOSING DATE

- Closing date for entries is **12noon on Friday 25th September 2026**
- Late entries/payment will be fined £100 penalty, if more than 2 days past the deadline
- Entry forms will be sent out by the competition organiser

Nominations for the Dave Lock Trophy should be submitted on the 2026 nomination form, below. Forms should reach the competition organiser by the closing date. The winner will be decided by the Oxfordshire Women's Technical Committee from nominations received for gymnasts competing at either county All-Around competition (12th or 19th October 2026). The club for the previous year's winner is responsible for returning the Trophy NO LATER THAN the start time of the first county All-Around competition date (or at an alternative suitable time pre-arranged with the Oxfordshire Women's Technical Committee). The Trophy will be awarded to the winner on the relevant competition day

EMAIL ENTRIES and PAYMENT TO BE RETURNED TO:

Nikki Woodward **by 12noon on Friday 25th September 2026**
nikki@abingdongymclub.co.uk



Oxfordshire Amateur Gymnastics Association
Dave Lock Trophy Nomination form 2026

Name of club:

Name of nominated gymnast:

Club contact details (email/phone number):

All-Around competition they have been entered for (date & competition level):

I would like to nominate them because of the following reason(s):

Name of person completing this form

(please tick)

I understand that it is the Club's responsibility to arrange for the return of this Trophy in 2027, **NO LATER THAN the start time of the first county All-Around competition date** (or at an alternative suitable time pre-arranged with the Oxfordshire Women's Technical Committee).